

FY2015 CHNA&HIP Progress Report

Fayette County

Community Health Improvement Plan

GOAL	Strategies	Progress on Strategies
Decrease the percentage of obese adults in Fayette County from 22.8% to less than 20% and decrease the percent of children over the age of 2 that are overweight and obese children by 3% by 2015	Develop an I WALK Committee at North Fayette High School and complete spring and fall teacher tallies to measure the number of students walking or biking to and from school	IWALK has been completed in the North Fayette Valley and Oelwein School Districts and teacher tallies are completed in the Fall and Spring with the Safe Routes to School Program. The Walking School Bus has been implemented in West Union, Elgin, Clermont and Oelwein and is active. Maynard (West Central) was added as a WSB Community starting in April of 2015. All school districts in Fayette have an active WSB.
	Offering a Healthier You yearly to community members which includes motivational seminars and screenings	In 2015, a Healthy Cooking Class was offered at the Fayette County Fair with healthy food options for attendees.
	Monthly Community Wide Screenings for Diabetes	This is ongoing, was held in conjunction with BP checks at the local Health Fairs and School Activities.
	Host Health Risk Assessment	This was offered by Cardiac Rehab and PLHC
	Offer Youth Wellness a six week course to third graders in Fayette County	This was offered to both the Valley and North Fayette schools districts for all third graders and consisted of 6 class sessions.
	Develop a school garden with emphasis on nutrition and exercise.	Palmer Community Health has been involved with the school wellness program and the volunteers who promote the school garden and oversee maintenance.
	Offer employed health benefits to community employers	This is offered by Cardiac Rehab and PLHC
	Conduct a Safe Routes to School parent meeting	This has been presented in the school districts where the Walking School Bus is active.
	Have worksite goal of PLHC participating in the annual American Cancer Walk	This has not been completed
	Offer Matter of Balance Classes to residents of Fayette County	This was offered in the past and are currently working on training new instructors. Good Sam in West Union will be offering classes this summer and fall.

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Establish a website to list services available for residents of Fayette County by 2013.	Working with Palmer Lutheran Hospital in adding a link for Community Health and listing community resources. Work with PLHC Marketing.	This goal has been met and is updated on a monthly basis and as needed. Community Health now has a separate link on PLHC website along with health alerts the community may sign up for.
	Working with the Fayette County BOS and IT staff to have a link on the Fayette County website for Community Health Resources	Link on Fayette County's Website for Community Health.

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Educate the community on Public Health Emergencies and Preparedness by decreasing the number of respondents from 29% to 20% who report preparedness is available but fails to meet needs adequately by 2015.	Offering community classes during the Preparedness month of September	Community Classes have not been held this last year but handouts and education material have been given out to the community.
	Monthly newsletter with the EMA discussing emergencies and preparedness	Has not yet been conducted. A full time EMA was hired in the Spring of 2015 and we are currently having monthly meetings to update the Preparedness Plan.
	Risk communication with the public to relay messages during the time of emergency	A new policy is being developed in the Spring of 2015 for WENS. A link has been placed on the Palmer Lutheran Website for residents to register for. WENS and the Community Health Alerts are two ways to reach the public in times of an emergency.